

Progress in Cancer Outcomes (2008-2012 vs 2019-2023):

	2008-2012	2019-2023
Incidence: No. of new cases* of cancer per 100,000 people	222	244
Mortality: No. of cancer deaths* per 100,000 people	91	72
Survival: 5-year relative survival* of cancer [^]	53%	61%

What the latest 5-year data tells us (2019-2023)

	Male	Female
Median age at diagnosis	69.1 years	64.6 years
Lifetime risk [^] by age 75 years	27% (1 in 4)	26% (1 in 4)
Proportion of patients aged under 60 years	23%	39%

* Age-standardised rates

[^] Relative survival is an estimate of the percentage of cancer patients who survive compared to people of the same age and sex in the general population

[^] The lifetime risk: the chance of getting cancer before age 75

Leading cancer types in Singapore (2019-2023): Top 5 for male and females

Top 5 cancers account for more than 60% of the total incidence cases



Male



1. Prostate



2. Colorectal



3. Lung



4. Lymphoid neoplasms



5. Liver



Female



1. Breast



2. Colorectal



3. Lung



4. Uterus



5. Lymphoid neoplasms



Key Facts About Breast, Cervical & Colorectal Cancer

Screenable cancers covered under Healthier SG Screening Programme

2019-2023	Colorectal (Male)	Colorectal (Female)	Breast (Female)	Cervical (Female)
No. of new cases* of cancer per 100,000 people	37	27	79	7
No. of cancer death* per 100,000 people	12	9	12	2
5-year relative survival* of cancer [^]	64%	65%	84%	62%
Proportion of patients diagnosed at early-stage (stage I, II)	41%	43%	77%	56%
Proportion of patients who were diagnosed below age 60 years	23%	23%	51%	58%

You can lower your risk of cancer by adopting a healthy lifestyle

Spot Cancer Early - Join Healthier SG Screening:



Scan here



Maintain a healthy & balanced diet



Lead a smoke-free lifestyle



Engage in regular physical activity



Avoid excessive alcohol consumption



Maintain a healthy weight status



Attend regular health screenings & follow-up*

*Recommendations vary by age & gender