

## CANCER IN SINGAPORE

More are diagnosed, but fewer are dying

## Progress in Cancer Outcomes (2008-2012 vs 2019-2023):



	2008-2012	2019-2023
<b>Incidence:</b> No. of new cases* of cancer per 100,000 people	222	244
<b>Mortality:</b> No. of cancer deaths* per 100,000 people	91	72
<b>Survival:</b> 5-year relative survival* of cancer <sup>^</sup>	53%	61%

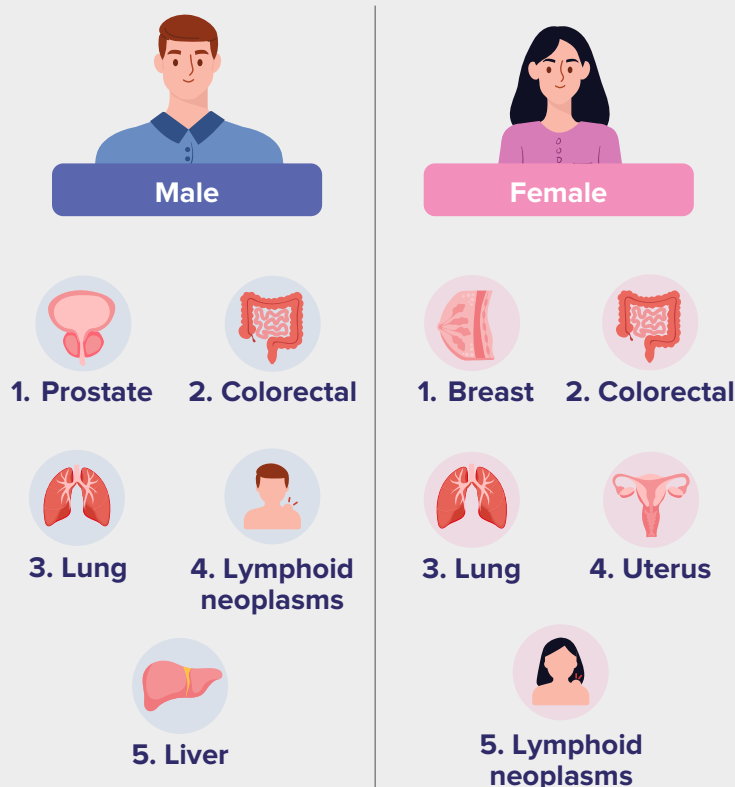
## What the latest 5-year data tells us (2019-2023)

	Male	Female
<b>Median age at diagnosis</b>	69.1 years	64.6 years
<b>Lifetime risk<sup>^</sup> by age 75 years</b>	27% (1 in 4)	26% (1 in 4)
<b>Proportion of patients aged under 60 years</b>	23%	39%

\* Age-standardised rates

<sup>^</sup> Relative survival is an estimate of the percentage of cancer patients who survive compared to people of the same age and sex in the general population<sup>^</sup> The lifetime risk: the chance of getting cancer before age 75Leading cancer types in Singapore (2019-2023):  
Top 5 for male and females

Top 5 cancers account for more than 60% of the total incidence cases



## Key Facts About Breast, Cervical &amp; Colorectal Cancer

Screenable cancers covered under Healthier SG Screening Programme

2019-2023	Colorectal (Male)	Colorectal (Female)	Breast (Female)	Cervical (Female)
No. of new cases* of cancer per 100,000 people	37	27	79	7
No. of cancer death* per 100,000 people	12	9	12	2
5-year relative survival* of cancer <sup>^</sup>	64%	65%	84%	62%
Proportion of patients diagnosed at early-stage (stage I, II)	41%	43%	77%	56%
Proportion of patients who were diagnosed below age 60 years	23%	23%	51%	58%

## You can lower your risk of cancer by adopting a healthy lifestyle

Spot Cancer Early - Join  
Healthier SG Screening:Scan  
hereMaintain a healthy  
& balanced dietLead a smoke-free  
lifestyleEngage in regular  
physical activityAvoid excessive  
alcohol consumptionMaintain a healthy  
weight statusAttend regular health  
screenings & follow-up\*

\*Recommendations vary by age &amp; gender